

Preliminary Program as of 22 August 2013

Thursday, 21 November, 2013

14:00 Registration

18:30 Welcome Reception

Friday, 22 November, 2013

09:00 - 10:30 Plenary Session 1: Treatment Strategies

09:00 Opening Ceremony

Greetings by:

Giuseppe Mancia, Italy, Conference Co-Chair

Josep Redon, Spain, Conference Co-Chair

Talma Rosenthal, Israel, Conference Co-Chair

09:15 **Cardiovascular Drug Treatment in Hypertension: What is Suggested by Large Randomized Trials?**

A. Zanchetti

Istituto Auxologico Italiano and University of Milan, Milan, Italy

09:40 **Optimizing Therapy for Patients with Resistant and Refractory Hypertension**

S. Oparil

University of Alabama at Birmingham, Birmingham, AL, USA

10:05 **Consequences of a Pressor Response to Antihypertensive Drugs - Why to Avoid Initiating Therapy with 2 Drugs?**

M. Alderman

Albert Einstein College of Medicine, Bronx, NY, USA

10:30 - 11:00 *Coffee Break and Poster Visit*

11:00 - 12:45 Plenary Session 2: Fixed Combination in Hypertension Patients

11:00 **Combined Azilsartan-Medoxomil (AZL-M)+Chlortalidone More Effectively Lowers Clinic & Ambulatory Blood Pressure than AZL-M Monotherapy in Uncontrolled Hypertension Patients**

A. Juhasz

Takeda Global Research & Development Center, Inc, Deerfield, IL, USA

11:15 **Effectiveness and Safety of Fixed-Dose Combination Perindopril/Amlodipine in Hypertensive Ukrainian Population**

G. Radchenko

Secondary Hypertension, NSC Institute of Cardiology, Kiyv, Ukraine

11:30 **Efficacy of Valsartan/Amlodipine 80/5 mg Compared with Nifedipine GITS 30 mg in Older Chinese Patients with Hypertension**

W-F. Zeng

Centre for Epidemiological Studies and Clinical Trials, The Shanghai Institute of Hypertension, Shanghai, China

11:45 **The Poly-Pill Revisited: Need for an OTC-Version**

G. Wagener

Clinical Research, Genzyme Europe B.V., Naarden, The Netherlands

Friday, 22 November, 2013 (cont)

- 12:00 **Real-World Effectiveness and Safety of Amlodipine, Valsartan, Hydrochlorothiazide in Hypertensive Patients: A Large Multinational Study**
J. Sison
Medical Center Manila, Philippines
- 12:15 **Triumph - Triple Pill vs. Usual Care Management for Patients with Mild-to-Moderate Hypertension – Protocol**
M. Abdul Salam
The George Institute for Global Health, Sydney, Australia
- 12:30 **Fixed Drug Combination-ARB and Diuretics**
S. Sukumaran
K.J.Somaiya Medical College and Research Centre, Mumbai, India
- 12:45 - 14:00 *Lunch Break and Oral Guided Tour of Posters 1*

14:00 - 16:00 Plenary Session 3: Lipids and Metabolic Risk Factors

- 14:00 **The Effect of Sour Tea Consumption (*Hibiscus sabdariffa* L.) on the Lipid Profile in Dyslipidemic Subjects**
M. Hajifaraji
National Nutrition & Food Technology Research Institute, Faculty of Nutrition & Food Technology, Shahid Beheshti University of Medical Sciences (SBUMS), Tehran, Iran
- 14:15 **Prevalence of Metabolic Abnormalities and Association with Obesity Among Saudi College Students**
M. Abolfotouh
King Abdullah International Medical Research Center, National Guard Health Affairs, Riyadh, Saudi Arabia
- 14:30 **Determinants of Diabetes Mellitus Type 2 of Female Patients**
L.A. Saidi
Community Health Center, Jakarta, DKI Jakarta, Indonesia
- 14:45 **TBA**
- 15:00 **Management of Arterial Hypertension in a Child with Diabetes Mellitus and Dyslipidemia**
M. Papulova
Ural State Medical Academy, Ekaterinburg, Sverdlovsk Region, Russia
- 15:15 **Treatment of Diabetes using Vitamin D: A Mathematical Model**
S. Rathee
Delhi Technological University (formerly DCE), New Delhi, Delhi, India
- 15:30 **Behavioral and Technological Interventions to Diabetes Self-Care in a Racially/Ethnically Diverse Population**
S. Forjuoh
Scott & White Healthcare, Texas A&M College of Medicine, Temple, TX, USA
- 15:45 **Description of Patient's Knowledge on Preparation for Fasting Blood Glucose Test at a Leading Private Hospital in Sri Lanka**
S. Kandaneeratchy
International Institute of Health Sciences, Welisara, Western, Sri Lanka
- 16:00 - 16:30 *Coffee Break and Poster Visit*

Friday, 22 November, 2013 (cont)

16:30 - 17:45 Plenary Session 4: Metabolism

- 16:30 **Current Perspectives on the Combination Therapy in the Treatment of Lipid Disorders**
M. Banach
Medical University of Lodz, Lodz, Poland
- 16:55 **Fixed-Dose Combination Therapy in Glucose Lowering Drugs**
J. Redon
University of Valencia, Spain
- 17:45 **High-Dose Amlodipine Monotherapy versus Combination Therapy in Japanese Hypertensive Patients**
Satoshi Hoshide
Jichi Medical University School of Medicine, Tochigi, Japan
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Saturday, 23 November 2013

08:45 - 10:00 Plenary Session 5: Treatment in the Metabolic Syndrome: Obesity, Dyslipidemia and Hypertension

- 08:45 **Low Adherence to Treatment in Hypertension, Dyslipidemia and Diabetes: Real Life Data**
G. Mancia
University of Milano Bicocca, Milano, Italy
- 09:10 **What's New in FDC to Treat Dyslipidemia**
K. Kostner
Mater Adult Hospital, Brisbane, Australia
- 09:35 **Blood Pressure Goals and the Role of Combinations in CKD**
E. Holzman
The Chaim Sheba Medical Center, Tel Hashomer, Israel

10:00 - 10:30 *Coffee Break and Poster Visit*

10:30 - 12:00 Plenary Session 6: Experimental

- 10:30 **The Effects of Hydroalcoholic Extract of Chicoree on Atherosclerosis Plaque Formation of Biochemical Factors of Cardiovascular Diseases in Rabbit**
H. Johari
Islamic Azad University-Darab Branch, Iran
- 10:45 **TBA**
- 11:00 **Contribution of Oxytocin and Testosterone in Attenuating Atherosclerotic Events and Adipose Tissue inflammation in Male Rats**
H. Shokery
Physiology, Egypt
- 11:15 **Clinical Aspects of Early Hypertension**
M. Boz
Clinics of Internal Medicine, Istanbul Education and Research Hospital, Istanbul, Turkey

Saturday, 23 November, 2013 (cont)

- 11:30 **Evidences - Three Pronged Defence of Body Against Cancer Cells Results into Cardiac, Metabolic & Autoimmune Disorders**
S. Dosaj
Research, Man's Lifesciences, Jhansi, India
- 11:45 **Assessment of Anti-Hyperlipidemic and Anti-Atherosclerotic Potency of Poly Herbal Formulation**
C. Nimgulkar
FDTRC, National Institute of Nutrition (ICMR), Hyderabad, Andhra Pradesh, India

12:00 - 13:30 *Lunch Break and Oral Guided Tour of Posters 2*

13:30 - 15:00 Plenary Session 7: Miscellaneous

- 13:30 **Depression, Lifestyle and 16 Years Risk Incidence of an Arterial Hypertension in Female Inhabitants of Siberian Megapolis in Russia**
V. Gafarov
FSBI Institute of Internal Medicine SB RAMS, Novosibirsk, Russia
- 13:45 **The Efficacy of Wet-Cupping and Modifying Nature on Hypertension**
M. Zarei
Islamic Azad University, Quchan, Iran
- 14:00 **The Effect of Sour Tea (*Hibiscus Sabdariffa L.*) on Essential Hypertension**
M. Hajifaraji
National Nutrition & Food Technology Research Institute, Faculty of Nutrition & Food Technology, Shahid Beheshti University of Medical Sciences (SBUMS), Tehran, Iran
- 14:15 **Adherence and Persistence to Fixed Combination Inhaled Drugs in Asthma and COPD in Poland**
P. Kardas
Medical University of Lodz, Lodz, Poland
- 14:30 **Renin Angiotensin System (RAS) and Fixed Dose Combination**
A.R. Kazmi, Institute of Biomedical and Genetic Engineering, Islamabad, Pakistan
- 14:45 **Adherence to Chronic Medication**
R. Kishore, HSR Layout, Bangalore, Karnataka, India

15:00 - 15:30 *Coffee Break and Poster Visit*

15:30 - 17:10 Plenary Session 8: State of the Art Lectures

- 15:30 **Cardiovascular Genomics and Stratified Medicine**
A.F. Dominiczak, University of Glasgow, Glasgow, UK
- 15:55 **Hypertension and Atrial Fibrillation: The Role of New Antithrombotics**
A.J. Manolis, Asklepeion General Hospital, Athens, Greece
- 16:20 **Combination Therapy in De-Stiffening of the Arteries: A New Therapeutic Approach**
R. Zimlichman, Sackler Faculty of Medicine, Tel-Aviv University, The E. Wolfson Medical Center, Holon, Israel
- 16:45 **Nifedipine GITS/candesartan Combination Reduces Blood Pressure and Counteracts Calcium-Antagonist-Induced Vasodilatory Side-Effects Including Headache in Hypertensive Participants Including those at High-Risk**
S.E. Kjeldsen
Oslo University Hospital, Ullevaal, Oslo, Norway

Sunday, 24 November, 2013

08:00 - 09:45 Plenary Session 9: 24 Hour Blood Pressure Monitoring & Fixed Combination Treatment

- 08:00 **Combinations, Guidelines and Decision Support Tools to Address Treatment Gaps in Hypertension**
G. Jennings
Baker IDI Heart and Diabetes Institute, Melbourne, Victoria, Australia
- 08:25 **Fixed Combinations are Back in Fashion (from 1960 up to 2013)**
T. Rosenthal
Sackler Faculty of Medicine, Tel Aviv University, Tel Aviv, Israel
- 08:50 **Development of Web-Based Home Sleep BP Monitoring for Combination Therapy in Asia**
K. Kario
Jichi Medical University School of Medicine, Tochigi, Japan
- 09:15 **Input - Interpreting the Processes of the Umpire Trial**
M. Abdul Salam
The George Institute for Global Health, Sydney, Australia
- 09:30 **Newer Strategies for Hypertension Management with Special Reference to Low Dose Triple Combination**
S. Dani
Life Care Emergency Hospital, Nathalal Colony, Ahmedabad, India

09:45 - 10:15 *Coffee Break*

10:15 - 11:30 Plenary Session 10: Combined Therapy

- 10:15 **Effects of DPP-4 Inhibitors on Blood Pressure: Synergy with Antihypertensive Agents**
J. Sowers
University of Missouri, Columbia, MO, USA
- 10:40 **Recent Studies on the use of Amlodipine/Valsartan in the Management of Hypertension in Chinese**
J. Wang
Ruijin Hospital Shanghai Jiaotong University School of Medicine, Shanghai, China

11:05 Closing Session

Award Ceremony
Presentation Award for the 6 Best Posters
